



## Natural Health Consultancy

### Covid 19 - Information for Clients Attending a Personal Session

We are committed to ensuring our practice is as safe as possible from the risk of transmission of the Covid 19 virus. We are following Government guidelines for the operation of our business. Our policy and procedures will be kept under constant review to ensure we are following the best possible practice.

At the time of making the appointment or before the date of your appointment we will confirm with you that neither you nor any members of your household

- are showing symptoms of Covid 19 or any other infectious illness. Symptoms of Covid 19 are a high temperature, a new and continuous cough and/or loss or change to the sense of smell or taste.
- are self isolating because you have been in contact with someone who has the virus.

Please arrive for you appointment on time but not a long time in advance. Please ring the doorbell and wait for your therapist to open the door. The air in our treatment rooms will be cleaned before, during and after the session using our HEPA –type machine with UV-C light. In the waiting room your therapist will ask you to clean your hands with the sanitiser provided or you may bring your own. The therapist will check your oxygen saturation levels using a pulse oximeter. If your level is below 90% the appointment will be terminated and you will not be charged. You will be advised to seek medical advice.

Your therapist will be wearing appropriate Personal Protective Equipment to minimise transmission of any virus. We will ask you to wear a protective mask which you should bring with you to the appointment. Supplies will be available if you arrive without a mask. The treatment couch including head rest will be covered with a disposable paper covering. If you want to drink water during the session please bring your own supply.

For massage sessions we will ask you to undress and leave your clothes in a plastic box supplied for the purpose. At the end of the session your therapist will open the door to the waiting room and the front door. All surfaces likely to have been touched will be sanitised.

If you have any questions about our policy and procedures please contact us.

Natural Health Consultancy

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## Natural Health Consultancy

### Declaration Form

NAME OF CLIENT

DATE OF APPOINTMENT

OXYGEN SATURATION LEVEL

DECLARATION

I confirm that neither I nor any members of my household

- are showing symptoms of Covid 19 or any other infectious illness.
- are self isolating because I or they have been in contact with someone who has the virus.

Signature

NAME OF THERAPIST

OXYGEN SATURATION LEVEL

DECLARATION

I confirm that neither I nor any members of my household

- are showing symptoms of Covid 19 or any other infectious illness.
- are self isolating because I or they have been in contact with someone who has the virus.

Signature